

Household Preparedness Assessment

Print this, grab a pen, and fill it out in about 10 minutes. This is the paper version of the Ready step in Ready, Set, Ready: an honest count, not a task list.

1. Household census

NAME	AGE	MEDICAL / MOBILITY NOTES

Pets: _____ Vehicles: _____

2. Your hazards

My state: _____

Look up your state's Risks page at pbj.media/locations/ and list your top three hazards:

1. _____
2. _____
3. _____

3. Current supplies, as actual counts

CATEGORY	WHAT I HAVE NOW	TARGET
Water (gallons on hand)		<i>1 gal/person/day × household size × days; start at 3 days, aim for 2 weeks</i>
Food (days of shelf-stable meals)		<i>Same day count as water</i>
First aid kit last checked		<i>Within the last 6 months</i>
Documents backed up outside the home		<i>Y / N</i>
Backup power / working flashlights		<i>Y / N</i>

4. Communication plan

Out-of-town contact: _____ Phone: _____

Meeting point, near home: _____

Meeting point, outside the neighborhood: _____

Does everyone in the household know this plan? _____

5. Your gap list

Rank what's missing, biggest first. This becomes what you actually work on.

1. _____

2. _____

3. _____

6. This week

This week, I will: _____

One task, one category. See the Set step if you're not sure which one to pick first.

pbj.media/ready-set-ready · Filled out on _____