

Household Emergency Preparedness Manual

Addendum H: Access & Functional Needs

Learning Path Reference

Northern Utah / Wasatch Front Edition

Every course, certification, and organization referenced across all four stages of this addendum, gathered into one reference card. See the full addendum for the reasoning and context behind each resource.

Stage 1: Foundations (Awareness)

Resource	Cost / Format	Notes
Be Ready Utah: Access & Functional Needs	Free, online	beready.utah.gov/family-preparedness/access-and-functional-needs . Already cited in Chapter 8; the CMIST framework's official source.
Your specific device manufacturers' emergency/backup power guidance	Free, from manufacturer	Call or check the manufacturer's site directly for your exact model, not a generic device category.
National Kidney Foundation emergency planning guidance	Free, online	kidney.org . Already cited in Chapter 8, for any household managing dialysis.

Stage 2: Applied Practice (Competent)

Resource	Cost / Format	Notes
American Red Cross Family Caregiving course	Course fees vary by chapter; some self-study free	redcross.org . Covers home safety, medication safety, and general caregiver skills.
Your device manufacturers' owner/service manuals	Free, from manufacturer	Read in full, not just the quick-start guide, for basic troubleshooting.

Resource	Cost / Format	Notes
A backup power source sized to your specific devices	Cost varies by device wattage	Cross-reference Addendum D's (Energy & Heat) load-math practice for correct sizing.

Stage 3: Self-Sufficiency (Proficient)

Resource	Cost / Format	Notes
Utah CNA certification program	Program fees vary; some facility reimbursement available	utahcnaregistry.com lists approved training programs statewide, including Utah Tech University.
Utah Division of Services for People with Disabilities (DSPD)	Free resources; program eligibility varies	dspd.utah.gov. Already cited in Chapter 8; a real state resource for deeper condition-specific and caregiving support.
Utah Parent Center	Free family resources	utahparentcenter.org. Already cited in Chapter 8; Utah-specific family disability resources.

Stage 4: Mastery & Teaching (Expert)

Resource	Cost / Format	Notes
Certified DME Specialist (CDME)	Exam and application fees apply	bocusa.org/certification/apply/cdme. Requires 500+ hours of relevant experience.
DSPD volunteer opportunities	Free to volunteer	dspd.utah.gov. Contact directly for current volunteer programs.
CMIST-based community planning frameworks	Free, via Be Ready Utah	beready.utah.gov. Use the same official framework at neighborhood scale rather than inventing a new one.