

Household Emergency Preparedness Manual

Addendum F: Security & Self-Defense

Learning Path Reference

Northern Utah / Wasatch Front Edition

Every course, certification, and organization referenced across all four stages of this addendum, gathered into one reference card. See the full addendum for the reasoning and context behind each resource.

Stage 1: Foundations (Awareness)

Resource	Cost / Format	Notes
Chapter 6's Legal Note: Use of Force (this manual)	Free, already included	Read this in full before any firearms training; it's the legal foundation everything else in this addendum sits on.

Stage 2: Applied Practice (Competent)

Resource	Cost / Format	Notes
Utah Concealed Firearm Permit (CFP) course	\$45–\$65 course fee + \$52 state application fee	bci.utah.gov. BCI-certified instructors statewide; verify certification before booking.
NRA Basics of Pistol Shooting	Course fees vary by provider	nrainstructors.org has a searchable instructor locator for Utah.
Home security hardware (deadbolts, motion lighting, cameras)	\$100–\$500 depending on scope	Prioritize by what your Stage 1 walkthrough actually found, not a generic list.

Stage 3: Self-Sufficiency (Proficient)

Resource	Cost / Format	Notes
NRA Defensive Pistol course	Course fees vary by provider	Available through the same certified-instructor network as Basics of Pistol Shooting; search nrainstructors.org .

Stage 4: Mastery & Teaching (Expert)

Resource	Cost / Format	Notes
Neighborhood Watch Area Leader program	Free; background check required	Contact your city's police department Crime Prevention Specialist or Neighborhood Watch Coordinator directly.
NRA Instructor certification (Pistol)	Course fees vary; prerequisite courses required	nrainstructors.org . A real teaching credential, not just a shooting one.