

Household Emergency Preparedness Manual

Addendum B: Sanitation & Hygiene

Learning Path Reference

Northern Utah / Wasatch Front Edition

Every course, certification, and organization referenced across all four stages of this addendum, gathered into one reference card. See the full addendum for the reasoning and context behind each resource.

Stage 1: Foundations (Awareness)

Resource	Cost / Format	Notes
CDC Emergency Wound Care and Disease Prevention guidance	Free, online	cdc.gov. Covers the reasoning behind Chapter 2's Tier 1 sanitation guidance.
Where There Is No Doctor (Hesperian Health Guides)	Free PDF, or ~\$30 print	hesperian.org. The standard lay-accessible reference already cited in Chapter 2; read the sanitation and water sections first.

Stage 2: Applied Practice (Competent)

Resource	Cost / Format	Notes
Bathroom & Hygiene / Composting Toilets skill guides (this site)	Free	The practical how-to behind the Tier 1-2 sanitation setup this stage requires.
A stocked, tested bucket-toilet kit	\$40–\$100 depending on scope	5-gallon buckets, sealing lids, cover material, and treatment-grade hydrated lime, actually assembled and run for a full weekend, not just purchased.

Stage 3: Self-Sufficiency (Proficient)

Resource	Cost / Format	Notes
The Humanure Handbook (Joseph Jenkins)	Free PDF or ~\$25 print	humanurehandbook.com. The actual source text behind Chapter 2's Tier 3 composting method; read in full at this stage, not just the summary.
Where There Is No Doctor (full study, sanitation chapters)	Free PDF or ~\$30 print	hesperian.org. By Stage 3, read the sanitation and disease-prevention material cover to cover rather than as a reference lookup.

Stage 4: Mastery & Teaching (Expert)

Resource	Cost / Format	Notes
CERT (Community Emergency Response Team)	Free	Search “[your city] CERT training”; Salt Lake City, South Salt Lake, West Valley City, and most Wasatch Front cities run their own free programs through local fire departments.
NEHA Registered Environmental Health Specialist / Sanitarian (REHS/RS)	Course/exam fees vary	neha.org. The professional credential for environmental health and sanitation work, if pursued as a vocation.